

Dear brothers and sisters in Christ,

Ever since the outbreak of Covid-19, many countries have been placed under lockdown, removing from its citizens many rights and liberties, most significantly the freedom to assemble and to worship. Today it is becoming increasingly difficult to receive the Sacraments of Holy Communion and Holy Confession (one of the greatest forms of exorcism). In many dioceses the churches are literally “closed” to the public for weekday worship, and those churches that are open on the weekends offer either no Sacrament of Confession at all (emphasis added) or they permit the gathering of only a small group of people for Holy Communion – a first-come-first-serve practice is commonly observed.

Those familiar with Christian prophesy know that behind the pandemic is the evil one who uses sin to escalate today’s End-Time events. Because this generation has not understood that without repentance from the heart (which leads one to prayer and good works) one cannot stop these evils nor the rebellion and apostasy prophesied in Scripture, God is permitting the evil one to remove the Sacraments from many churches, and therefore the spiritual protection they afford. God does not wish us to endure these evils, but he permits them in order to discipline us as a father disciplines a rebellious child.

Today the Sacraments of Confession and Communion are fast disappearing and, according to approved Christian prophesies and Sacred Scripture they will disappear altogether from the public for three and a half years, depriving millions of souls of God's precious and life-giving sacramental graces.

To offset these evils and while the Sacraments are yet unavailable, I encourage you first to seek out the Sacrament of Confession (bi-monthly) and Communion (weekly); second, to remain in contact with those priests who are loyal to the unchanging doctrine of the Magisterium and who with the elements of bread, wine and oil may continue to administer to you God's life-giving Sacraments. It is not by chance that only in recent ecclesiastically approved Marian apparitions the Blessed Virgin Mary has begun to exhort us to form cenacles or prayer groups. I believe that it is in these gatherings of the small remnant faithful that she is forming in silence her white army that will with her crush the infernal dragon’s head. Those who make up this white Marian army have received or are receiving on their foreheads the seal of Jesus’ blessing of protection and sigh of love,<sup>1</sup> to protect them in the impending Day of the Lord’s wrath.

Below I share some timely prayers for these End Times.

In Christ,  
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<sup>1</sup> Rev. 7:1-3: “After this I saw four angels standing at the four corners of the earth, holding back the four winds of the earth so that no wind could blow on land or sea or against any tree. Then I saw another angel come up from the East, holding the seal of the living God. He cried out in a loud voice to the four angels who were given power to damage the land and the sea, **‘Do not damage the land or the sea or the trees until we put the seal on the foreheads of the servants of our God.’**”

## **DIVINE WILL PRAYER TO COMBAT COVID-19**

**O Immaculate Heart of Mary, Mother and Queen of the Divine Will, I entreat you, by the infinite merits of the Sacred Heart of Jesus, and by the graces God has granted to you since your Immaculate Conception, the grace of never going astray.**

**Most Sacred Heart of Jesus, I am a poor and unworthy sinner, and I beg of you the grace to allow our Mother and Luisa to form in me the divine acts you purchased for me and for everyone. These acts are the most precious of all, for they carry the Eternal Power of your *Fiat* and they await my “Yes, your Will be done” (*Fiat Voluntas Tua*).**

**So I implore you, Jesus, Mary and Luisa to accompany me as I now pray:**

**I am nothing and God is all, come Divine Will. Come heavenly Father to beat in my heart and move in my Will; come beloved Son to flow in my blood and think in my intellect; come Holy Spirit to recall in my memory and breathe in my lungs.**

**I fuse myself in your Divine breath O Holy Spirit, giver of life; may your breath extend its healing balm to those afflicted by the corona virus; may your divine breath enter them now and heal them; may they grow in the love and knowledge of your Divine Will. I now offer You, on their behalf, the joys and the sorrows they experience - may none of their sufferings be lost, but welcomed by You as a fragrant offering for the healing and salvation of souls. Teach every afflicted soul to offer their sufferings to You.**

**Grant them and those who assist them, the Spirit of piety, so that their spirit may augment in virtue. May their thoughts become Your Thoughts, may their words become Your words, may their acts become Your Acts which are all pure and divine.**

**Holy Spirit, Sanctifier of life, teach me to reach perfection. Root out from my heart all vice; utterly subdue my evil passions and all my unruly desires. Perfect in me charity and patience, humility and obedience, and all other virtues. Be my sure defense against the snares laid for me by my enemies, both visible and invisible. Restrain and quiet all my evil impulses, and make me ever cleave to Thee the one true God.**

**Holy Spirit, Starlight of my soul, infuse in me the piety of your saints and the divine virtues of your angels, so that I may devoutly keep Your Laws. Graciously show Yourself to my lowly soul, draw me near Your Triune Presence Most Powerful and tender God.  
Amen.**

## PRAYER OF REPENTANCE

As to how one may receive the grace of the complete forgiveness of sins when many churches are closed, and Confession and Communion are not available, this grace may be obtained by observing two things:

- 1) Turn away from sin in your life and **make an Act of Contrition**. The “ordinary means” of the forgiveness of “grave sin” is the Sacrament of Confession, and the extraordinary means, “a perfect act of contrition” with the desire to sacramentally confess as soon as the possibility presents itself (when the lockdown from the pandemic has ended and the churches reopen).<sup>2</sup> As to what constitutes the “contrition” one observes before receiving Jesus in Holy Communion, the Catechism emphasizes “*sorrow,*” “*love of God above all else [more than the fear of hell<sup>3</sup>]*” and a “*firm resolution*” not to sin again.<sup>4</sup>
- 2) Since churches are closed and you cannot receive Holy Communion, you are to make a **Spiritual Communion** instead by asking God to come into your heart as if you received Him sacramentally – Body, Blood, Soul, and Divinity. An example of a Spiritual Communion may be as follows:

**My Jesus, I believe that You are present in the Blessed Sacrament.  
I love You above all things and I desire You in my soul.  
Since I cannot now receive You sacramentally,  
come at least spiritually into my heart.  
As though You were already there,  
I embrace You and unite myself to You;  
permit not that I should ever be separated from You. Amen.**

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<sup>2</sup> “A person who is conscious of grave sin is not to celebrate Mass or receive the body of the Lord without previous sacramental confession unless there is a grave reason and there is no opportunity to confess; in this case the person is to remember the obligation to make an act of perfect contrition which includes the resolution of confessing as soon as possible” (Code of Canon Law, 916).

<sup>3</sup> “The contrition called ‘imperfect’ (or ‘attrition’) is also a gift of God, a prompting of the Holy Spirit. It is born of the consideration of sin’s ugliness or the fear of eternal damnation and the other penalties threatening the sinner (contrition of fear)... By itself however, imperfect contrition cannot obtain the forgiveness of grave sins, but it disposes one to obtain forgiveness in the sacrament of Penance” (CCC, op. cit., n. 1453).

<sup>4</sup> “Among the penitent’s acts contrition occupies first place. Contrition is ‘sorrow of the soul and detestation for the sin committed, together with the resolution not to sin again’” (Ibid., n. 1451).

“When it arises from a love by which God is loved above all else, contrition is called ‘perfect’ (contrition of charity). Such contrition remits venial sins; it also obtains forgiveness of mortal sins if it includes the firm resolution to have recourse to sacramental confession as soon as possible” (CCC, op. cit., 1452).

## **EXORCISM PRAYER**

**Lord, you have endured me all these years with my sins,  
but nonetheless You pitied me;**

**I was led astray in every way,  
but now I will sin no more;  
I have wronged You and I have been unjust;  
I will be so, no more;  
I renounce sin,  
I renounce the Devil,  
I renounce iniquity that stains my soul;  
free my soul from all that is against Your holiness;**

**I entreat You, Lord, to rescue me from all evil;  
Come Jesus now, come now and abide in my heart;**

**Forgive me, Lord, and allow me to rest in You,  
For You are my Shield, my Redeemer and my Light  
and in You do I trust;**

**From today I will bless You Lord at all times;**

**I repudiate evil and all other gods and idols,  
for You are the Most High over the world,  
far transcending all other gods;**

**By Your mighty arm, rescue me from ill health,  
rescue me from being a captive,  
rescue me from trouble and defeat my enemy the Devil;  
come quickly to my help O Saviour! Amen.**

(This "Exorcism Prayer" was dictated by Jesus on November 13, 2006 in the ecclesiastically approved True Life in God Messages, bearing the *Imprimatur* and *Nihil Obstat*. Jesus Christ revealed that this "exorcism prayer" is needed for our times so evil. People do not know how to totally repudiate Satan in their prayers, who is controlling them, blinding them and giving them a lot of suffering, either through illness or by making them captives. Jesus also says that a lot of people worship false gods [idols]. This prayer will be very effective if prayed with the heart and sincerity.)